



**Checks Are Coming to DCS**  
**Earning up to 4,000 HumanaVitality**  
**points just more convenient**

Want to earn a minimum of 2,000 and up to 4,000 Vitality Points? Complete a Vitality Check at one of the many [free screening events](#) happening around the state and get closer to attaining Silver Status! These numbers are reported directly to HumanaVitality and kept confidential from your employer.

Upcoming Screening Event at a DCS Location: **DCS Marion County Office Monday, May 11 from 7:30am – 11:30am.**

A **Vitality Check** is a biometric screening that is similar to a yearly check-up. At state-sponsored screening events, there is no charge for Vitality Checks to employees, spouses or their covered dependents over 18, with a medical plan offered through the State Personnel Department.

***How do I make an appointment? What do I need to do or bring?***



For any open site, it's easy to make your appointment online! First, you [create an account via the scheduling tool](#) and then you schedule an appointment. [Click here](#) for instructions! Remember to bring a photo ID or your Humana ID card to the appointment. Instructions on how to prepare for your vitality check appointment are located [here](#). If you have any issues creating an account, please contact the Benefits hotline at (317) 232-1167 or toll-free at (877) 248-0007.